

This informational brochure is provided as a benefit to citizen sponsors of the

# Blood Alcohol Level Approximate BAL (Percentages)

One	.038	.031	.027	.023	.021	.019	.017	.016
Two	.075	.063	.054	.047	.042	.038	.034	.031
Three	.113	.094	.080	.070	.063	.056	.051	.047
Four	.150	.125	.107	.094	.083	.075	.068	.063
Five	.188	.156	.134	.117	.104	.094	.085	.078
Six	.225	.188	.161	.141	.125	.113	.102	.094
Seven	.263	.219	.188	.164	.146	.131	.119	.109
Eight	.300	.250	.214	.188	.167	.150	.136	.125
Nine	.338	.281	.241	.211	.188	.169	.153	.141
Ten	.375	.313	.268	.234	.208	.188	.170	.156
	100	120	140	160	180	200	220	240

Body Weight (Pounds)

(Source from <http://www.safety-devices.com/baclimits.htm>)

**0.08 is the legal point of intoxication for the state of Massachusetts**

Join the Massachusetts trooper members of the American Association of State Troopers and make a pledge not to drink and drive. Let's make a difference for ourselves and for our families, friends and communities.

## Start Now!

# MASSACHUSETTS TROOPER MEMBERS OF THE AMERICAN ASSOCIATION OF STATE TROOPERS®

*Please remember you can make a difference*

## Don't Drink and Drive!



American Association of State Troopers, Inc.

**1-800-708-AAST**

*AAST maintains its national headquarters at 1949 Raymond Diehl Road, Tallahassee, FL 32308-3841*

[www.statetroopers.org](http://www.statetroopers.org)

AAST(MA)306(DDD)1208

# THERE'S NO EXCUSE FOR DRINKING AND DRIVING

APPROVED by *K. Morse*

Date 7-24-09



As a citizen sponsor of the Massachusetts trooper members of the American Association of State Troopers®

# PLEASE DON'T DRINK AND DRIVE

Highway accidents, injuries and deaths involving drunken drivers continue to be our most pressing highway safety problem. In 2007, 14,619 people were killed in alcohol-related auto crashes in the United States. In Massachusetts alone, 169 people died in traffic accidents involving drivers whose blood alcohol levels exceeded the legally acceptable limit.

Think about that. Picture a city of 14,619 people, or a village of 169 people. See their faces, share their dreams. Picture these people with their relatives, friends and communities. The impact and the extent of alcohol-related fatalities extends to every age group and social stratum in the country. We are all affected. Would we allow this to happen under any other circumstances? If 14,619 died in airline crashes, what would we do? Even more to the point, what if airline pilots were found to be legally intoxicated in airplane accidents that claimed the lives of 14,619 people? What would we do? Stand up, shout at the top of our lungs, and mobilize to prevent such atrocities from happening?

APPROVED  
by *W. Brown*  
Date 7-24-09



*Statistics provided by the Department of Transportation  
National Highway Traffic Safety Administration*

Of course we would. As a society, we would not allow such a waste of human lives. If people died in a natural disaster, we surely would take measures to prevent its reoccurrence. Surely, we would not allow it to happen year after year. Why should we allow it on our highways?

Every day, troopers spend hours assisting victims of auto accidents and dealing with the trauma of injury and death on the highways. The Massachusetts trooper members of AAST recognize the necessity of stopping the alcohol-related highway massacre.

The Massachusetts trooper members of AAST deliver a message loud and clear to its citizen sponsors - **DON'T DRINK AND DRIVE!** Citizen sponsors are provided with this gruesome alcohol-related traffic fatality information in an effort to focus attention on this message.

**"DON'T DRINK AND DRIVE!"** bumper stickers are given to citizen sponsors as a constant reminder to them, and to the drivers around them, that drinking and driving don't mix.

**START NOW!**

**MAKE A DIFFERENCE!**