

Blood Alcohol Level Approximate BAL (Percentages)

Number of Drinks	One	.038	.031	.027	.023	.021	.019	.017	.016
	Two	.075	.063	.054	.047	.042	.038	.034	.031
	Three	.113	.094	.080	.070	.063	.056	.051	.047
	Four	.150	.125	.107	.094	.083	.075	.068	.063
	Five	.188	.156	.134	.117	.104	.094	.085	.078
	Six	.225	.188	.161	.141	.125	.113	.102	.094
	Seven	.263	.219	.188	.164	.146	.131	.119	.109
	Eight	.300	.250	.214	.188	.167	.150	.136	.125
	Nine	.338	.281	.241	.211	.188	.169	.153	.141
	Ten	.375	.313	.268	.234	.208	.188	.170	.156
		100	120	140	160	180	200	220	240

Body Weight (Pounds)

(Source from <http://www.safety-devices.com/baclimits.htm>)

**0.08 is the legal point of intoxication
for the state of North Dakota**

Join the North Dakota trooper members of the American Association of State Troopers and make a pledge not to drink and drive. Let's make a difference for ourselves and for our families, friends and communities.

Start Now!

This informational brochure is provided as a benefit to citizen sponsors of the

NORTH DAKOTA TROOPER MEMBERS OF THE AMERICAN ASSOCIATION OF STATE TROOPERS®

Please remember you
can make a difference

**Don't Drink
and Drive!**



American
Association
of State
Troopers, Inc.

1-800-708-AAST

AAST maintains its National
headquarters at 1949 Raymond
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www.statetroopers.org

**THERE'S NO
EXCUSE
FOR
DRINKING
AND
DRIVING**

APPROVED
by *W. Howe*
Date *6-24-08*



As a citizen sponsor of the
North Dakota trooper members
of the American Association
of State Troopers®

**PLEASE
DON'T DRINK
AND DRIVE**

Highway accidents, injuries and deaths involving drunken drivers continue to be our most pressing highway safety problem. In 2006, 17,602 people were killed in alcohol-related auto crashes in the United States. In North Dakota alone, 44 people died in traffic accidents involving drivers whose blood alcohol levels exceeded the legally acceptable limit.

Think about that. Picture a city of 17,602 people, or a village of 44 people. See their faces, share their dreams. Picture these people with their relatives, friends and communities. The impact and the extent of alcohol-related fatalities extends to every age group and social stratum in the country. We are all affected. Would we allow this to happen under any other circumstances? If 17,602 died in airline crashes, what would we do? Even more to the point, what if airline pilots were found to be legally intoxicated in airplane accidents that claimed the lives of 17,602 people? What would we do? Stand up, shout at the top of our lungs, and mobilize to prevent such atrocities from happening?

APPROVED
by *W. Jones*
Date 6-24-06



*Statistics provided by the Department of Transportation
National Highway Traffic Safety Administration*

Of course we would. As a society, we would not allow such a waste of human lives. If 17,602 people died in a natural disaster, we surely would take measures to prevent its reoccurrence. Surely, we would not allow it to happen year after year. Why should we allow it on our highways?

Every day, troopers spend hours assisting victims of auto accidents and dealing with the trauma of injury and death on the highways. The North Dakota trooper members of AAST recognize the necessity of stopping the alcohol-related highway massacre.

The North Dakota trooper members of AAST deliver a message loud and clear to its citizen sponsors – **DON'T DRINK AND DRIVE!** Citizen sponsors are provided with this gruesome alcohol-related traffic fatality information in an effort to focus attention on this message.

"DON'T DRINK AND DRIVE!" bumper stickers are given to citizen sponsors as a constant reminder to them, and to the drivers around them, that drinking and driving don't mix.

START NOW!

MAKE A DIFFERENCE!